# NCRI Executive guidelines for the restructured Groups

This pack contains condensed Annual Reports for the following Groups:

- Primary Care Group
- Psychosocial Oncology & Survivorship (POS) Group
- Supportive & Palliative Care Group

In June 2018, the above-named Groups were made aware of a NCRI Executive decision to restructure. As such, it was agreed that the groups should discontinue any progression against their strategy until the new structure was in place.

A shortened Annual Report has been submitted for each of these Groups.



# **NCRI Primary Care** Group

**Annual Report 2018-19** 



Partners in cancer research



# NCRI Primary Care Group Annual Report 2018-19

# 1. Top 3 achievements in the reporting year

#### **Achievement 1**

Successful recruitment across large portfolio of studies. For example:

- 1) The BEST3 trial has recruited over 13000 patients across 150 GP practices. The trial is now closed to recruitment and is in follow up.
- 2) The first round of the Yorkshire Lung Screening Trial which involves LDCT screening for those at risk of Lung Cancer on mobile vans in the community is underway. To date, over 22,000 individuals have been included in this randomised trial from 32 GP practices and the 1000th participant to undergo an LDCT scan on the van happened in March 2019. The trial is on target to include approximately 63,000 individuals with 7000 having LDCT screening and is co-recruiting to a number of important additional studies investigating smoking cessation interventions utilising scan images (YESS study) and biomarkers that have been funded by Yorkshire Cancer Research. (Rhian Gabe is co-applicant and lead statistician of YLST, and Richard Neal is the primary care lead and co-applicant on YLST, the YESS and biomarkers studies).

#### **Achievement 2**

Growing international profile. For example, CanTest has continued with its vision to increase the capacity and sustainability of cancer detection research in the UK and internationally. In Spring 2019 over 60 senior academics and early career researchers from across the world attended the CanTest International School for Cancer Detection Research in Primary Care at Jesus College Cambridge. A blog providing further details of the event can be found here: <a href="https://www.cantest.org/news/second-successful-cantest-school-celebrates-week-of-shared-learning/">https://www.cantest.org/news/second-successful-cantest-school-celebrates-week-of-shared-learning/</a>

#### **Achievement 3**

Funding success. For example, this year, the PREDICT study (Prostate Risk Evaluation using Diagnostic Innovations in Community Testing) has had funding confirmed by Prostate Cancer UK for a pilot phase that will involve invitation of men to prostate cancer screening. The target

population is aged 50-69, or aged 45-49 with higher than average risk of prostate cancer (Black ethnicity or positive family history). Screening interventions including STHLM3 multiplex risk model, clinical risk models and PSA will be evaluated in the context of an mpMRI-based pathway for diagnosis of prostate cancer. If the pilot phase is a success, then the plan is to extend recruitment to a full study of 20,000 men over 3 years across the UK and biobank samples for future research. Maximising recruitment via primary care in community settings is key to this study. Rhian Gabe is Co-Cl and lead methodologist (Primary Care CSG, Screening subgroup Chair), alongside Co-Cl and clinical lead Hashim Ahmed (Prostate Cancer CSG Chair). Fiona Walter (Primary Care CSG) and Rakesh Heer (Localised Prostate subgroup chair) are coapplicants.

#### 2. Structure of the Group

There have been significant structural changes to the CSG in the reporting year. Professor Richard Neal has stepped down as Chair and there is currently no Chair of the Group. Richard was thanked for all his hard work, time and commitment to the Group over the years as both Chair and member. Jan Rose, our consumer member, has also stepped down and was thanked for her considerable effort and commitment.

We welcomed new trainees Dr Pauline Williams and Dr Dipesh Gopal and Margaret Johnson as our new consumer member.

The Survivorship Subgroup is currently under restructure as part of the new cross-cutting theme. Our Primary Care CSG and members from each of the subgroups have been supportive of this initiative, having engaged through attending key meetings and actively inputting on circulated proposals. The Screening and Early Diagnosis Subgroups both have new Chairs (Dr Katriina Whitaker and Dr Rhian Gabe respectively). We have been tasked with compiling this annual report.

One potential plan is for the Screening and Early Diagnosis Sub-groups to become part of a newly formed CSG that would coordinate development of a strategic portfolio of studies in the area of screening and early detection of cancer. We intend to engage with the current SPED advisory group to investigate the best way forward with respect to potential restructuring. There have been no major objections to this to date, with the caveat that primary care is strongly represented. With so many changes ahead, both Subgroups have put on hold recruitment of new members.

To address the overlapping areas of remit between NCRI Psychosocial Oncology and Survivorship (POS), Supportive and Palliative Care (S&PC) and Primary Care (PC) Groups, a restructure of these cross-cutting Groups has been agreed to ensure a more efficient and aligned approach moving forward. The work of the NCRI Cancer of Unknown Primary (CUP) and Acute Oncology Working Parties has also been encompassed into this new cross cutting structure. In the new structure an Executive Group and Workstreams will be created, replacing the previous main Group and Subgroups. The Executive Group will take a strategic role, providing oversight of the research landscape and proactively identifying opportunities for the work of the Group. The Workstreams will also identify new opportunities and develop new trials within their focus areas; reporting to the Executive Group regarding any changes in the research landscape relating to their area and providing reports on their progress.

Membership of the Executive Group will include:

- the Executive Group Chair
- the Chair of each of the five Workstreams (see below for further details)
- a consumer representative
- the relevant Research Delivery Manager
- funder representatives (as appropriate)

The following five Workstreams will be initiated, covering each of the listed topic areas:

| MUO/CUP<br>Workstream    | Acute Care and Toxicities Workstream | Late Consequences<br>Workstream | Advanced Disease<br>and End of Life Care<br>Workstream | Methodology Workstream            |
|--------------------------|--------------------------------------|---------------------------------|--|-----------------------------------|
| Acute<br>Oncology Type I | Acute Treatment Toxicities           | Late Toxicities                 | Palliative Care  | PROMs                             |
| Primary Care<br>Pathway  | Acute Cancer Toxicities              | Psychosocial Aspects            | Hospice  | Touch Screen/Apps                 |
| CUP Biology &<br>Therapy | Psychosocial Impacts of<br>Treatment | Primary<br>Care follow-up       | Bereavement Care                                       | Quality of Life/ Health Economics |
|                          | Prehabilitation                      |                                 | Primary Care   | Output Measures/ Trial<br>Design  |
|                          | Primary/Secondary Care Interface     |                                 | Psychosocial Aspects                                   | Qualitative Research              |
|                          |                                      |                                 |  | Modelling                         |
|                          |                                      |                                 |  | Primary Care Data Linkage         |

# 3. Funding applications in last year

Table 2 Funding submissions in the reporting year

| Cancer Research UK (CRUK)  |  |               |            |   |                |  |
|--|--|---------------|------------|---|----------------|--|
| Study  | Application type                                       | CI            | Outcome    | Level of CSG input  | Funding amount |  |
| May 2018   |  |               | •          |   |                |  |
| Selection of Eligible People for Lung<br>Cancer Screening using Electronic<br>Primary Care DaTa: Development of<br>new risk prediction models.                           | Early Detection<br>Committee                           | D Baldwin     | Funded     | W Hamilton is CI  | £352,945       |  |
| Ethnic inequality in diagnosis and outcomes in cancer  | Cancer Research UK<br>PRC Fellowship                   | T Martins     | Funded     | In W Hamilton's group   | Unknown        |  |
| November 2018  |  |               | <u>.</u>   |   |                |  |
| COLO-SPEED   | CRUK Catalyst  | C Rees        | Not funded | Dolwani (Screening subgroup and coapplicant)  |                |  |
| Cancer Screening and statistics programme  | Renewing Programme<br>Award                            | P Sasieni     | Funded     | A Lim is co-investigator, leading on cervical screening self-sampling and novel technologies. | Unknown        |  |
| Implementing LDCT screening for lung cancer in high-risk groups: exploring the attitudes of GPs and their self-efficacy to support patients during the screening pathway | Project Award  | J Waller      | Not funded | R Neal is collaborator  |                |  |
| Population based germline testing for targeted cancer screening and prevention   | Cancer Research UK                                     | R Manchanda   | Pending    | R Neal is CI K Whitaker provided letter of support on behalf of the CSG                       | Unknown        |  |
| Cancer risk tools and their influence on clinical judgement'   | Cancer Research UK<br>Population Research<br>Committee | O Kostopoulou | Pending    | ED subgroup submitted scores on behalf of CSG   |                |  |

| A safety-netting intervention (Shared<br>Safety Net Action Plan) to support<br>earlier diagnosis of cancer in primary<br>care: a feasibility study | Cancer Research UK<br>Population Research<br>Committee | R Lawton                | Pending | ED subgroup submitted<br>scores on behalf of<br>CSG<br>R Neal is CI                         |   |
|--|--|-------------------------|---------|---|---|
| Low Energy liquid diets and Adenoma<br>Prevention: the LEAP trial  | Cancer Research UK<br>Population Research<br>Committee | R Beeken and S<br>Smith | Pending | R Neal/K Whitaker provided a letter of support for primary care element of the intervention | Unknown   |
| Understanding socioeconomic inequalities in colorectal cancer outcomes   | Cancer Research UK<br>Population Research<br>Committee | K Whitaker              | Pending | K Whitaker is ED chair  | £237,006  |
| Early diagnostic potential and molecular mechanisms of thrombocytosis in lung cancer patients.   | Cancer Research UK Early detection committee           | G Pula                  | Pending | R Neal and W Hamilton<br>(ED subgroup<br>members) are co-is                                 | £471,386  |
| Other committees   |  | T .                     | 1 -     |   | -   |
| Study  | Committee & application type                           | CI                      | Outcome | Level of CSG input  | Funding amount  |
| A pragmatic implementation feasibility clinical trial of offering HPV self-  | NHS Cancer   | A Lim                   | Funded  | A Lim (CI), J   | £808,350  |
| sampling to cervical screening non-<br>attenders within the NHS cervical   | Transformation Funds                                   |                         |         | Waller leading on acceptability survey within the pilot.                                    |   |
| sampling to cervical screening non-  |  | H Ahmed, R<br>Gabe      | Funded  | acceptability survey  | £650k (pilot), £4.5M – full study, dependent on success of pilot. |

| Exploring patients' values and preferences for colorectal cancer screening   | National School for<br>Primary Care<br>research | J Usher-Smith         | Funded  | J Usher Smith is Cl  | £13,635    |
|--|---|-----------------------|---------|--|------------|
| CATTO 2018: A prospective randomised study of screening for bladder and kidney cancer in populations with high disease specific mortality risk                                       | Yorkshire Cancer<br>Research                    | J Catto               | Pending | Screening subgroup peer reviewed, providing feedback and R Gabe provided a letter of support on behalf of the group  | Unknown    |
| Aspirin as an adjunct to screening - development of a decision aid   | Tenovus   | S Smits, S<br>Dolwani | Funded  | Dolwani (Screening subgroup and coapplicant)   | £28,782    |
| Adapting the Safety Net Shared Action Plan intervention for the South Asian community to promote greater patient involvement in achieving a faster cancer diagnosis in primary care. | Yorkshire Cancer<br>Research                    | J O'Hara              | Pending | R Neal (ED sub-group<br>member) is CI  | Unknown    |
| Diagnosing cancer in the older and frail people: improving outcomes, and preventing harm.  | Peter Sowerby<br>Foundation                     | R Neal                | Pending | R Neal is Pl   | £1,998,417 |
| Policy Research Unit in Cancer<br>Awareness, Screening and Early<br>Diagnosis  | Department of Health                            | S Duffy               | Funded  | W Hamilton is Early Diagnosis Lead. F Walter, Y Lyratzopoulos, R Neal, J Waller are ED or screening subgroup members | £4,997,576 |
| Safety netting and re-consultation for lung cancer symptoms: GP and patient perspectives   | Roy Castle Lung<br>Foundation                   | G Black               | Funded  | G Black is ED subgroup<br>member, K Whitaker is<br>CI  | £120,899   |

## 4. Collaborative partnership studies with industry

The University of Leeds has a collaboration agreement with PinPoint Data Science and will be rolling out a biomarker / Al rule out test for cancer in primary care in the coming year, based upon algorithm development and validation to date. This should come onto the portfolio in 2019-20.

# 5. Appendices

Appendix 1 – Top 5 publications in reporting year

Appendix 2 – Recruitment to the NIHR portfolio in the reporting year

**Dr Katriina Whitaker (Early Diagnosis Subgroup Chair)** 

**Dr Rhian Gabe (Screening Subgroup Chair)** 

# Top 5 publications in the reporting year

| Trial name & publication reference  | Impact of the trial  | CSG involvement in the trial  |
|---|--|---|
| controlled trial comparing the Cytosponge-<br>TFF3 test with usual care to facilitate the<br>diagnosis of oesophageal pre-cancer in<br>primary care patients with chronic acid<br>reflux. Offman et al, BMC Cancer, 18:784                                | This protocol paper describes the BEST3 Trial which assesses whether CytospongeTM –TFF3 (Trefoil Factor 3) test for patients with reflux symptoms is effective in increasing the detection of Barrett's oesophagus in primary care. It is hoped that this research will establish whether the CytospongeTM -TFF3 test offers earlier detection and an alternative approach to invasive endoscopy. This will build on the previous multi-site BEST1 and BEST2 trials, providing the last step before this test could be adopted into mainstream practice in the UK. | Portfolio study. Fiona Walter (ED subgroup member) is a co-investigator on the trial and part of the BEST3 Trial team |
| help-seeking among adults living in socioeconomically deprived communities in the UK using a facilitated health check: A protocol for the Awareness and Beliefs About Cancer (ABACus) Randomised Control Trial. Moriarty et al, BMC Public Health, 19:285 | Cancer survival rates are lower in disadvantaged communities, possibly due to low awareness of symptoms and delayed help-seeking. It is important that people increase their knowledge of cancer symptoms, so that they know when to seek medical advice, and therefore possibly detecting cancer earlier, which will improve their outlook. This protocol paper describes how an interactive online   | Portfolio study. Richard Neal (ED subgroup member) is a co-investigator on the trial.                                 |

| 3. Development of an intervention to expedite cancer diagnosis through primary care: a protocol. Stanciu et al, BJGP Open, 2(3)  | health check questionnaire will be delivered in deprived communities by trained advisors.  This protocol paper described the programme of work outlined under the WICKED portfolio study. The work sets out to develop a behaviour change intervention to expedite diagnosis through primary care and contribute to improved cancer outcomes.                  | Richard Neal (ED subgroup member) leads this work with Prof Clare Wilkinson.   |
|--|--|--|
| 210  | This study demonstrated that Human papillomavirus testing on non-speculum clinician-collected vaginal samples could be an acceptable alternative cervical screening method for older women. Offering this approach could increase screening uptake in older women who find conventional cervical screening to be less acceptable with ageing or the menopause. | Anita Lim and Jo Waller (Screening subgroup members) helped lead this Cancer Research UK funded work.                  |
| 5. Determinants of willingness to receive healthy lifestyle advice in the context of cancer screening, Stevens C, Vrinten C, Smith SG, Waller J, Beeken RJ. British Journal of Cancer 119: 251–257 | This cross-sectional population base survey showed a high willingness to receive lifestyle advice at cancer screening, suggesting this context may provide an opportunity to support behaviour change.   | Jo Waller (Screening subgroup members) helped lead this Cancer Research UK and Yorkshire Cancers Research funded work. |

# Recruitment to the NIHR portfolio in the reporting year

In the Primary Care Group portfolio, 7 trials closed to recruitment and 3 opened.

#### Summary of patient recruitment by Interventional/Non-interventional

|            | T                | -              | T                    |                | T a.c                         |                |
|------------|------------------|----------------|----------------------|----------------|-------------------------------|----------------|
| Year       | All participants | 6              | Cancer patients only |                | % of cancer patients relative |                |
|            |                  |                |                      | . ,            |                               |                |
|            | Non-             | Interventional | Non-                 | Interventional | Non-                          | Interventional |
|            | interventional   |                | interventional       |                | interventional                |                |
|            |                  |                |                      |                |                               |                |
| 2014/2015  | 829              | 1              | 709                  | 1              | -                             | -              |
| 2015/2016* | 27657            | 2412           | 6915                 | 2391           | -                             | -              |
| 2016/2017* | 10128            | 2370           | 9884                 | 1315           | -                             | -              |
| 2017/2018* | 6538             | 7035           | 4574                 | 6627           | -                             | -              |
| 2018/2019  | 3875             | 11493          | 3752                 | 10381          |                               |                |

<sup>\*</sup>includes data of studies both led by Cancer and supported by Primary Care and led by Primary Care and supported by Cancer



# NCRI Psychosocial Oncology & Survivorship Group

**Annual Report 2018-19** 



Partners in cancer research



# NCRI Psychosocial Oncology & Survivorship Group Annual Report 2018-19

# 1. Top 3 achievements in the reporting year

#### **Achievement 1**

Publication of the final results of the Macmillan-funded EPiC study in JNCI: *Kyte, D, Retzer, A., Keeley, T., Ahmed, K., Armes, J., Brown, J. M., Calman, L., Copland, C., Efficace, F., Gavin, A., Glaser, A., Greenfield, D. M., Lanceley, A., Taylor, R. M., Velikova, G., Brundage, M., Mercieca-Bebber, R., King, M. T., Calvert, M. (in press) Systematic evaluation of Patient-Reported Outcome protocol content and reporting in cancer trials. JNCI.* and an outstanding oral presentation award at the International Society for Quality of Life Research (ISOQOL) 25<sup>th</sup> Annual Conference, Dublin, IRE. Planning a workshop during NCRI Cancer Conference 2020.

#### Achievement 2

Oral presentation and e-poster at 2018 NCRI conference *Healthcare professionals attitudes to* e-cigarettes for patients with cancer (CRUK TAG funded study). Dr Jo Brett, Oxford Brookes, with co-applicants from subgroup Prof Eila Watson and Prof Mary Wells. This received considerable press attention e.g. from The Telegraph, Medical Xpress, Heart FM and Talk radio.

#### **Achievement 3**

Programme Grant submitted to NIHR, led by subgroup members Prof Linda Sharp and Prof Eila Watson and involving Prof Mary Wells 'Improving outcomeS for Women diagnosed with early breast cancer through improving adhErence to adjuvant Endocrine Therapy (SWEET)'. Awaiting final feedback after second round review.

#### 2. Structure of the Group

To address the overlapping areas of remit between NCRI Psychosocial Oncology and Survivorship (POS), Supportive and Palliative Care (S&PC) and Primary Care (PC) Groups, a restructure of these cross-cutting Groups has been agreed to ensure a more efficient and aligned approach moving forward. The work of the NCRI Cancer of Unknown Primary (CUP) and Acute Oncology Working Parties has also been encompassed into this new cross cutting structure.

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| Primary Care<br>Pathway  | Acute Cancer Toxicities                 | Psychosocial Aspects            | Hospice  | Touch Screen/Apps                 |
| CUP Biology &<br>Therapy | Psychosocial Impacts of<br>Treatment    | Primary<br>Care follow-up       | Bereavement Care                                       | Quality of Life/ Health Economics |
|                          | Prehabilitation                         |                                 | Primary Care   | Output Measures/ Trial Design     |
|                          | Primary/Secondary Care Interface        |                                 | Psychosocial Aspects                                   | Qualitative Research              |
|                          |   |                                 |  | Modelling                         |
|                          |   |                                 |  | Primary Care Data Linkage         |

# 3. Funding applications in last year

Table 2 Funding submissions in the reporting year

| <b>Cancer Research UK Research Commi</b>  | ttee (CRUK)                  |  |              |  |                |
|---|------------------------------|--|--------------|--|----------------|
| Study   | Application type             | CI   | Outcome      | Level of CSG input                     | Funding amount |
| May 2018  |                              |  | •            |  |                |
| Not applicable  |                              |  |              |  |                |
| November 2018   |                              |  |              |  |                |
| Advancing survival cancer outcomes trial (ASCOT): long term follow-up   | Project Award                | A Fisher, R<br>Beeken                              | Awarded      | CSG member led                         | £640,000       |
| Committee date?   |                              |  |              |  |                |
| CRUK pioneer grant submitted January<br>2019 (Sims, Campbell)<br>Molecular effect of exercise on breast<br>tumours  | Pioneer grant                | A Sims, A<br>Campbell, Mel<br>Leggate              | Unsuccessful | CSG member led                         | £200,000       |
| Other committees  |                              |  |              |  |                |
| Study   | Committee & application type | CI   | Outcome      | Level of CSG input                     | Funding amount |
| Patient-centred models for surveillance and support of cancer survivors with bowel and breast cancer  | Yorkshire Cancer<br>Research | Galina Velikova                                    | Awarded      | CSG member led,<br>endorsed by the CSG | £789,711       |
| Development of a paediatric version of<br>the Sarcoma Assessment Measure<br>(SAM-Paeds): a specific tool for<br>assessing quality of life in children with<br>sarcoma | CCLG                         | Maddie Adams (CI)  Rachel Taylor (co-applicant)    | Awarded      | CSG member Co-<br>applicant (RT)       | £71,489        |
| The diagnostic experience of sarcoma patients; secondary analysis of the SAM study  | Sarcoma UK                   | Lorna Fern (CI)<br>Rachel Taylor<br>(co-applicant) | Awarded      | CSG member Co-<br>applicant (RT))      | £23,464        |
| Using a mobile phone application to promote physical activity in those living with and beyond cancer  | Yorkshire Cancer<br>Research | A Fisher, A<br>Roberts                             | Awarded      | CSG member led/CSG supported           | £620,000       |

| PRiSMs – establishing a self-<br>management clinic for myeloma<br>patients  | RM Partners London<br>Cancer Vanguard  | A Fisher (with K<br>Yong, UCLH) | Awarded | CSG member led  | £50,000                                |
|---|--|---------------------------------|---------|---|--|
| Bolt-on additional translational study of PREPARE-ABC trial (Sims, Saxton). Molecular effect of exercise on bowel tumours   | Ethics committee approval and protocol | A Sims, J Saxton                | Awarded | CSG member led  | As required, funding for pilot in hand |
| Targeted therapies for cancer: understanding patient experiences and assessing unmet needs  | Macmillan Cancer<br>support project    | Linda Sharp                     | Pending | CSG member led  | £246,000                               |
| 'Improving outcomeS for Women diagnosed with early breast cancer through improving adhErence to adjuvant Endocrine Therapy (SWEET)'   | NIHR Programme<br>Grant                | Linda Sharp and<br>Eila Watson  | Pending | CSG member led  | £2,422,620                             |
| Development of a module to supplement the EORTC Core instrument for the assessment of Health Related Quality of Life in Adolescents and Young Adults (AYAs) aged 14-39 years with cancer & Validation of the EORTC QLQ-C30 with 12-17 year olds with cancer | EORTC                                  | Rachel Taylor<br>(co-applicant) | Pending | CSG member Co-<br>applicant (RT))                       | 229,197 EUR                            |
| Incorporating the patient voice in sarcoma research: How can we assess health-related quality of life in this heterogeneous group of patients?  | EORTC                                  | Rachel Taylor<br>(co-applicant) | Pending | CSG member Co-<br>applicant (RT)                        | 148,469 EUR                            |
| Improving outcome through<br>Collaboration in OsteosarComa  | Bone Cancer<br>Research Trust          | Rachel Taylor<br>(co-applicant) | Pending | CSG member Co-<br>applicant (RT))lead for<br>PRO)       | £449,631                               |
| Cancer in the prison population:<br>Assessing disease burden, experiences   | NIHR HS&DR                             | Rachel Taylor<br>(co-applicant) | Pending | CSG member Co-<br>applicant (RT)), lead for<br>phase 3) | £542,633                               |

| of diagnosis and of receiving and providing cancer care   |   |                                       |              |  |            |
|---|---|---------------------------------------|--------------|--|------------|
| Support and information needs for young people when active treatment ends   | Teenage Cancer Trust                                  | Rachel Taylor (PI)                    | Pending      | CSG member led                         | £40,008    |
| Development and testing of a patient reported outcome tool to capture the experience of people treated with immunotherapy.    | Application to<br>Macmillan Research<br>Grants Scheme | Mike Horton (co-<br>applicant)        | Pending      | Subgroup member co-<br>applicant       | Unknown    |
| Supporting physical activity in lung cancer patients through development of an app  | Application to<br>Macmillan Research<br>Grants Scheme | Lynn Calman                           | Pending      | Subgroup member co-<br>applicant       | £241,000   |
| The management of oligo metastatic disease  | Application to<br>Macmillan Research<br>Grants Scheme | Lynn Calman                           | Pending      | Subgroup member co-<br>applicant       | £146,000   |
| Understanding the needs of lung cancer patients on immunotherapy  | Application to Macmillan Research Grants Scheme       | Lynn Calman                           | Pending      | Subgroup member co-<br>applicant       | £250,000   |
| Understanding the needs of cancer patients living in areas of deprivation   | Application to Macmillan Research Grants Scheme       | Lynn Calman                           | Pending      | Subgroup member co-<br>applicant       | £120,000   |
| Patient-reported outcomes assessment to support accelerated access to advanced cell and gene therapies: PROmics.              | UK Research &<br>Innovation Innovate<br>UK program    | Derek Kyte                            | Pending      | CSG member led                         | £1,100,000 |
| TYA survivors and sun protection  | Children with Cancer                                  | G Pugh                                | Pending      | CSG member led                         | £92,000    |
| Carnegie-funded PhD stipend<br>submitted, February 2019 (Campbell,<br>Sims) Molecular effect of exercise on<br>breast tumours | The Carnegie Trust<br>PhD stipend                     | A Campbell, A<br>Sims, Mel<br>Leggate | Pending      | CSG member led                         | £65,000    |
| Understanding and improving clinician and patient communication about cancer prognosis  | Macmillan Cancer<br>Support project                   | Eila Watson                           | Unsuccessful | Subgroup members involved (Mary Wells, | £134,502   |

|  |  | Susan Restorick- |  |
|--|--|------------------|--|
|  |  | Banks)           |  |

# 4. Collaborative partnership studies with industry

Subgroup lead Dr Kyte is Co-I on a recently successful bid (PROmics) to the UK Research & Innovation Innovate UK programme in collaboration with industry partners including health technology companies Dignio and Datatrial. The project will investigate patients' experience of cell and gene therapies. (Calvert M, <u>Kyte D</u> et al. Patient-reported outcomes assessment to support accelerated access to advanced cell and gene therapies: PROmics. £1.1m. UK Research & Innovation Innovate UK program. Dec 2018 - 30 months)

Gill Hubbard is collaborating with a stoma support garment supplier to research support garment use and associations with lifestyle behaviours and quality of life.

Following form one of the strategic objective of NCRI POS to establish closer collaboration with industry, Richard Simcock has been discussing possible research ideas for sub-studies with patient-centred and psychosocial focus to be nested within Roche trials. One specific potential trial was discussed, but there is no further progress as yet.

## 5. Appendices

Appendix 1 – Top 5 publications in reporting year

Appendix 2 – Recruitment to the NIHR portfolio in the reporting year

**Professor Galina Velikova (Psychosocial Oncology & Survivorship Group Chair)** 

# Top 5 publications in the reporting year

| Trial name & publication reference   | Impact of the trial  | CSG involvement in the trial  |
|--|--|---|
| LAPCD (Life After Prostate Cancer Diagnosis)  Downing A, Wright P, Hounsome L, Selby P, Wilding S, Watson Wagland R, Kind P, Donnelly DW, Butcher H, Catto JWF, Cross W, Mason M, Sharp L, Weller D, Velikova G, McCaughan E, Mottram R, Allen M, Kearney T, McSorley O, Huws DW, Brewst DH, McNair E, Gavin A, Glaser AW. Quality of life in men living with advanced and localised prostate cancer: A United Kingdo population-wide patient-reported outcome study of 30,000 me Lancet Oncol 2019 Mar;20(3):436-447. doi: 10.1016/S1470 2045(18)30780-0. Epub 2019 Jan 31. |  | LACPD population study funded by Prostate Cancer UK and Movember. Glaser and Gavin are Co-Pls and members of NCRI POS subgroup. The CSG endorsed the study and contributed to PROMs selection and the clinical advisory group (Velikova)                                |
| Kyte, D, Retzer, A., Keeley, T., Ahmed, K., Armes, J., Brown, J. I Calman, L., Copland, C., Efficace, F., Gavin, A., Glaser, A., Greenfield, D. M., Lanceley, A., Taylor, R. M., Velikova, G., Brundage, M., Mercieca-Bebber, R., King, M. T., Calvert, M. ( <i>in press</i> ) Systematic evaluation of Patient-Reported Outcome protocol content and reporting in cancer trials. JNCI 2019  | The significance of this study is shown by the high-impact publication in JNCI. The results show worrying facts that PROs are collected but not reported by almost half of trials. | EPiC trial led by Kyte (CSG member, subgroup lead). The subgroup was actively involved during the study contributing to results interpretation. Future plans include an attempt to secure a plenary presentation and deliver a Workshop at NCRI Cancer Conference 2020. |
| Swallowing Intervention Package study  | This output is the analysis of the use of Fibreoptic<br>Endoscopic Evaluation of Swallowing  | This study was reviewed by members of the CSG before submission. It involved Mary   |
| Patterson J, Toft K, MacAulay F, McLachlan K, Roe J, King E, Wells M <u>Feasibility and outcomes of Fibreoptic Endoscopic</u>  |  | Wells as PI and Nick Hulbert-Williams as a co-applicant. This was a feasibility study (   |

| Evaluation of Swallowing following prophylactic swallowing rehabilitation in head and neck cancer (in press) Clinical Otolaryngology  | a swallowing intervention package to improve swallowing outcomes and quality life in patients undergoing chemoradiotherapy for head and neck cancer.  |
|---|---|
| CREW cohort study  Cummings, A., Grimmett, C., Calman, L., Patel, M., Permyakov N. V., Winter, J., Foster, C. (2018). Comorbidities are associate with poorer quality of life, functioning and worse symptoms in the 5 years following colorectal cancer surgery: Results from the Colorectal Wellbeing (CREW) cohort study Psychooncology. 2018 Oct;27(10):2427-2435. doi: 10.1002/pon.4845. Epub 2018 Sep 13. PubMed PMID: 30070052; PubMed Central PMCID: PMC6221152 | Led by CSG members Foster and Calman  |
| Sarcoma Assessment Measure study (Rachel Taylor PI – Sarcoma UK funded  Storey L, Fern L,, Martins A, Wells M, Bennister L, Gerrand C, Onasanya M, Whelan JS, Windsor R, = Woodford J, and Taylor RM A Critical Review of the Impact of Sarcoma on Psychosocia Wellbeing," Sarcoma, vol. 2019, Article ID 9730867, https://doi.org/10.1155/2019/9730867   | This study is ongoing and involves CSG members Rachel Taylor, Lesley Storey, Mary Wells and is a collaboration between the POS CSG and Sarcoma CSG. The first published output is a systematic review |

# Recruitment to the NIHR portfolio in the reporting year

In the Psychosocial Oncology & Survivorship Group portfolio, 7 trials closed to recruitment and 17 opened.

# Summary of patient recruitment by Interventional/Non-interventional

| Year      | All participants       |                | Cancer patients only   |                | % of cancer patients relative to incidence |                |
|-----------|------------------------|----------------|------------------------|----------------|--|----------------|
|           | Non-<br>interventional | Interventional | Non-<br>interventional | Interventional | Non-<br>interventional                     | Interventional |
| 2014/2015 | 1919                   | 310            | 1909                   | 310            | -  | -              |
| 2015/2016 | 2649                   | 374            | 2369                   | 359            | -  | -              |
| 2016/2017 | 1095                   | 541            | 713                    | 496            | -  | -              |
| 2017/2018 | 2401                   | 712            | 2190                   | 692            | -  | -              |
| 2018/2019 | 4191                   | 301            | 3205                   | 284            | -  | -              |



# NCRI Supportive & Palliative Care Group

**Annual Report 2018-19** 



Partners in cancer research



# NCRI Supportive & Palliative Care Group Annual Report 2018-19

# 1. Top 3 achievements in the reporting year

#### **Achievement 1**

The two new subgroups (Early Stage Disease and Acute Treatment Toxicities and Survivors and Late Effects) have now appointed new chairs and have settled into productive work with face to face meetings and teleconferences. The importance of these subgroups – and also the long-running Advanced Disease and End of Life subgroup - is reflected in their all being transformed into Workstreams in the new NCRI Cross-cutting Group (name TBC). The Group wishes to acknowledge the critical contributions of the former interim chairs of these subgroups, who have both now left the Group but are continuing to collaborate with the Group: Prof Annie Young who steered the Early Stage Disease and Acute Treatment Toxicities subgroup (new chair Dr Gillian Prue); Prof Anthony Maraveyas who oversaw the early days of the Survivors and Late Effects subgroup (now chaired by Prof Sara Faithfull); and Dr Matthew Maddocks who has chaired the Advanced Disease and End of Life subgroup for several years and is now stepping down.

#### **Achievement 2**

The Group has been successful again this year in competitive grants, notably with

- (1) MICA a translational study of a novel interleukin- $1\alpha$  antibody (bermekimab) for the management of cachexia in NSCLC, pancreatic or ovarian cancer, funded by MRC Biomedical Catalyst Developmental Pathway Funding Scheme Award with US industry partner Xbiotech (CI Barry Laird, co-applicant CSG chair Sam Ahmedzai);
- (2) **PRECISE** Individualised supervised exercise for pancreatic cancer patients, funded by Pancreatic Cancer UK and Yorkshire Cancer Research (CI Gillian Prue, chair of Early Stage Disease subgroup;
- (3) **OPTCARE Breathe** NIHR funded evaluation of a short-term respiratory and palliative care intervention for people with advanced respiratory disease (CI Irene Higginson, co-applicant CSG subgroup lead Matthew Maddocks).

The Survivors and Late Effects subgroup has submitted a grant in response to a **NHS Digital** call, focusing on testing the efficacy of wearable technologies in patients with chemotherapy-induced peripheral neuropathy (CI Sara Faithfull).

In addition, **ARTISTix** – a RCT of iv steroids ± infliximab for gastrointestinal side-effects of immunotherapy (CI Gareth Griffiths with co-applicant CSG member Annie Young) was rejected by NIHR HTA but was invited to re-submit in a new call.

#### **Achievement 3**

The Group has started to have success in industry engagement, which has been in our strategy for three years but has so far eluded us. The first example is the collaboration with a US biotech company Xbiotech, which is contributing \$600k to the MICA trial of its interleukin- $1\alpha$  antibody for management of cachexia in lung, pancreatic and ovarian cancers (main funder MRC Biomedical Catalyst – Developmental Pathway Funding Scheme).

Second, we are also working with a company on a IIR application to design a 'real world' study of the longterm patient experience of the licensed PARP inhibitor Niraparib. This is a collaboration with the Gynaecological Cancer Group and could be extended to PARPis from other companies.

Third, we are engaging with the rapidly growing field of 'wearable technologies' and are currently pursuing two avenues. Prof Sara Faithfull has made an application to NHS Digital to use body-worn devices to measure long-term functional impairment in patients with chemotherapy-induced peripheral neuropathy; and Dr Gillian Prue has engaged with a wearable technology company Medopad to investigate the use of a modular technology platform to deliver and assess adherence to a complex lifestyle intervention in patients with metastatic colorectal cancer.

Finally, Dr Andrew Dickman is pursuing collaboration with the palliative care medicines pharmaceutical industry, with the possibility in sight of trials using a new model of syringe driver for continuous subcutaneous infusions for symptom control.

#### 2. Structure of the Group

To address the overlapping areas of remit between NCRI Psychosocial Oncology and Survivorship (POS), Supportive and Palliative Care (S&PC) and Primary Care (PC) Groups, a restructure of these cross-cutting Groups has been agreed to ensure a more efficient and aligned approach moving forward. The work of the NCRI Cancer of Unknown Primary (CUP) and Acute Oncology Working Parties has also been encompassed into this new cross cutting structure.

In the new structure an Executive Group and Workstreams will be created, replacing the previous main Group and subgroups. The Executive Group will take a strategic role, providing oversight of the research landscape and proactively identifying opportunities for the work of the Group. The Workstreams will also identify new opportunities and develop new trials within their focus areas; reporting to the Executive Group regarding any changes in the research landscape relating to their area and providing reports on their progress.

Membership of the Executive Group will include:

- the Executive Group Chair
- the Chair of each of the five Workstreams (see below for further details)
- a consumer representative
- the relevant Research Delivery Manager
- funder representatives (as appropriate)

The following five Workstreams will be initiated, covering each of the listed topic areas:

| MUO/CUP<br>Workstream    | Acute Care and Toxicities<br>Workstream | Late Consequences<br>Workstream | Advanced Disease<br>and End of Life Care<br>Workstream | Methodology Workstream            |
|--------------------------|---|---------------------------------|--|-----------------------------------|
| Acute<br>Oncology Type I | Acute Treatment Toxicities              | Late Toxicities                 | Palliative Care  | PROMs                             |
| Primary Care<br>Pathway  | Acute Cancer Toxicities                 | Psychosocial Aspects            | Hospice  | Touch Screen/Apps                 |
| CUP Biology &<br>Therapy | Psychosocial Impacts of<br>Treatment    | Primary<br>Care follow-up       | Bereavement Care                                       | Quality of Life/ Health Economics |
|                          | Prehabilitation                         |                                 | Primary Care   | Output Measures/ Trial Design     |
|                          | Primary/Secondary Care Interface        |                                 | Psychosocial Aspects                                   | Qualitative Research              |
|                          |   |                                 |  | Modelling                         |
|                          |   |                                 |  | Primary Care Data Linkage         |

# 3. Funding applications in last year

Table 2 Funding submissions in the reporting year

| Committees   |  |   |  |  |                |
|--|--|---|--|--|----------------|
| Study  | Committee & application type                             | CI  | Outcome  | Level of CSG input   | Funding amount |
| EARLY STAGE DISEASE AND ACUTE TREATMENT TOXICITIES SUBGROUP  |  |   |  |  |                |
| ARTISTix' - A randomised trial of intravenous steroid therapy +/- infliximab for gastrointestinal side effects in cancer immune checkpoint therapy                             | NIHR HTA<br>Commissioned Call                            | Prof Gareth<br>Griffiths  | REJECTED<br>but invited to re-<br>submit                     | Developed by<br>subgroup. Gareth<br>Griffiths and Annie<br>Young lead applicants.  | £2M            |
| PRECISE: PancREatic Cancer: Individualised Supervised Exercise: a feasibility study.   | Pancreatic Cancer UK<br>and Yorkshire Cancer<br>Research | Dr Gillian Prue   | SUCCESSFUL   | Developed by subgroup. Anthony Maraveyas main coapplicants. Adaptation of previous ovarian cancer study to focus on pancreatic cancer. | £330,000       |
| CONFIRM-EXP: Patient and caregiver outcomes and EXPerience of the CONFIRM trial: a randomised double blinded placebo controlled trial of nivolumab for replapsed mesothelioma. | Bristol Myers Squibb<br>(BMS)                            | Dr Gillian Prue<br>with Prof Gareth<br>Griffiths and<br>Annie Young | REJECTED by BMS.<br>Currently seeking<br>alternative funding | Developed by subgroup with Gareth Griffiths and Annie Young.   | £150,000       |
| SURVIVORS AND LATE CONSEQUENCES SUBGROUP   |  |   |  |  |                |
| The efficacy of digital body-worn technology to quantify and predict long-term functional impairment   | NIHR Digital Health                                      | Prof Sara<br>Faithfull  | Awaiting stage 1 outcome                                     | Subgroup collaboration<br>with Gillian Prue and<br>Theresa Young   | £1.2 m         |

| associated with chemotherapy-induced neuropathy in people with cancer  PhD Funding: Developing a screening tool for the late effects of treatment for brain cancers   | Marie Curie   | Annmarie Nelson | SUCCESSFUL  | No CSG input  | £65,500                          |
|---|---|-----------------|-------------|---|----------------------------------|
| ADVANCED DISEASE AND END OF LIFE  |   |                 |             |   |                                  |
| MICA. A phase II trial examining<br>Bermekimab (anti-IL1 alpha) effects on<br>muscle, physical function and appetite,<br>in lung, pancreatic or ovarian cancer  | MRC: Biomedical Catalyst – Developmental Pathway Funding Scheme Award 2018 with Industry Partner XBiotech | Barry J A Laird | SUCCESSFUL  | Developed with Sam<br>Ahmedzai (Advanced<br>Disease Subgroup) | £962,000<br>+ \$600,000 industry |
| Evaluation of the effectiveness and cost-effectiveness of a short-term integrated respiratory and palliative care intervention to OPTimise CARE for people with advanced respiratory disease (OPTCARE Breathe). | NIHR HS&DR stream   | Bajwah S        | SHORTLISTED | Matthew Maddock<br>(Subgroup lead) co-<br>investigator)       | £1.3m                            |
| Improving health status and symptom experience for people living with advanced cancer.  | Yorkshire Cancer<br>Research  | Bennett M.      | SUCCESSFUL  | Fliss Murtagh<br>consulted in Advanced<br>Disease Subgroup.   | £1.37m                           |
| A parallel group, double-blind, randomised, placebo-controlled trial comparing the effectiveness and cost-consequence and cost effectiveness of low dose oral modified release morphine (MRM) versus placebo on | NIHR HTA  | Johnson M       | SUCCESSFUL  | No CSG input  | £1.23m                           |

| the intensity of worst breathlessness in people with chronic breathlessness.  |                            |                     |   |  |             |
|---|----------------------------|---------------------|---|--|-------------|
| Understanding and supporting complex decision-making for people affected by head and neck cancer: the development of a decision support tool. |                            | Catriona<br>Mayland | SUBMITTED under review                      | Catriona Mayland and<br>Michelle Collinson<br>collaboration in<br>Advanced Disease<br>Subgroup                   | £75,091.00  |
| Research Assessment Outcome<br>Measures for Malignant Bowel<br>Obstruction (RAMBO)  | Marie Curie                | Dr Jason Boland     | SUCCESSFUL                                  | Developed by Jason<br>Boland and Annmarie<br>Nelson (Advanced<br>Disease subgroup<br>members)                    | £218,403.87 |
| Cancer caring coping at end of life:<br>developing an end of life module for<br>inclusion within an existing web-based<br>carer resource      | Marie Curie Cancer<br>Care | Dr Olinda Santin    | REJECTED  But now resubmitted to NIHR HS&DR | Active CSG collaboration. Gillian Prue, Sam Ahmedzai and Jane Hopkinson are all co- investigators on the project | £150,000    |
| Understanding and supporting complex decision-making for people affected by head and neck cancer: the development of a decision support tool. |                            | Catriona<br>Mayland | SUBMITTED<br>Awaiting decision              | Subgroup collaboration - Catriona Mayland and Michelle Collinson co- investigators                               | £75,091.00  |

# 4. Collaborative partnership studies with industry

In 2018-19 the Group has started to have success in **industry engagement**:

- Prof Sam Ahmedzai is co-applicant in a collaboration with US company Xbiotech, which is contributing \$600k to the MRC Biomedical Catalyst MICA trial of its interleukin-1α antibody for management of cachexia in lung, pancreatic and ovarian cancers (main funder MRC Biomedical Catalyst Developmental Pathway Funding Scheme)
- Prof Sam Ahmedzai is also working with the Gynaecology Cancer Group and a US company on a IIR application to design a 'real world' study of the longterm patient experience of their PARP inhibitor Niraparib
- Engaging with the rapidly growing field of 'wearable technologies' and currently pursuing two avenues.
  - o Prof Sara Faithfull has made an application to recent NHS Digital call to use bodyworn devices to measure long-term functional impairment in patients with chemotherapy-induced peripheral neuropathy. The proposal evaluates efficacy of a rapid digital clinical assessment using body-worn inertial sensor technology with the aim to guide more accurately dose reductions and rehabilitation as part of the practice pathway to subsequently reduce long term CIN symptoms and disability.
  - Or Gillian Prue with Dr Vicky Coyle (former CSG member) have engaged with a wearable technology company Medopad to investigate the use of a modular technology platform to deliver and assess adherence to a complex lifestyle intervention in patients with metastatic colorectal cancer. The programme will aim to deliver physical activity and nutritional advice which aims to preserve muscle mass or attenuate the loss of muscle mass in patients with advanced colorectal cancer receiving palliative chemotherapy.
- Dr Andrew Dickman is pursuing collaboration with the palliative care medicines
  pharmaceutical industry, with the possibility of trials using a new model of syringe driver for
  continuous subcutaneous infusions for symptom control.
- Further discussions are taking place with companies producing immune-oncology drugs, as
  part of the new Immunotherapies Toxicities Working Group, in order to secure funding for
  future studies of late effects of IO drugs using NHS data linkages.

# 5. Appendices

Appendix 1 – Top 5 publications in reporting year

Appendix 2 – Recruitment to the NIHR portfolio in the reporting year

**Professor Sam H Ahmedzai (Supportive & Palliative Care Group Chair)** 

# Top 5 publications in the reporting year

| Trial name & publication reference  | Impact of the trial   | CSG involvement in the trial   |
|---|---|--|
| 1. Young AM, Marshall A, Thirlwall J, Chapman O, Lokare A, Hill C, Hale D, Dunn JA, Lyman GH, Hutchinson C, MacCallum P, Kakkar A, Hobbs FDR1, Petrou S, Dale J, Poole CJ, Maraveyas A, Levine M.  Comparison of an oral factor Xa Inhibitor with low molecular weight heparin in patients with cancer with venous thromboembolism: results of a randomised trial (SELECT-D). J Clin Oncol. 2018; 36(20): 2017 - 2023 | This is a potentially practice-changing trial as it showed that an oral anticoagulant Rivaroxaban could be used as alternative to long term subcutaneous injections of Dalteparin to prevent venous thromboembolism (VTE) in cancer patients. However, Rivaroxaban was associated with higher risk of clinically relevant non-major bleeding, so the ideal management of VTE has still to be established. | Annie Young and Anthony Maraveyas led this from the Survivorship and Late Effects Subgroup     |
| 2. White C, Noble SIR, Watson M, Swan F, Allgar VL, Napier E, Nelson A, McAuley J, Doherty J, Lee B, Johnson MJ.  Prevalence, symptom burden, and natural history of deep vein thrombosis in people with advanced cancer in specialist palliative care units (HIDDen): a prospective longitudinal observational   | This study – funded by NIHR RfPB - is likely to establish a standard of care in hospices, where there is a range of policies about anticoagulating patients with advanced disease against the risk of VTE. This study showed that a third of such patients had femoral DVT and this was not associated with thromboprophylaxis. It shows that routine anticoagulation is not needed, thus saving staff    | Simon Noble and Miriam Johnson were members of the CSG/subgroup when this study was initiated. |

|    | study.Lancet Haematol. 2019<br>Feb;6(2):e79-e88.  | time, costs and potential harm to some patients.   |  |
|----|---|--|--|
| 3. | Eerdekens MH, Kapanadze S, Koch ED, Kralidis G, Volkers G, Ahmedzai SH, Meissner W.  Cancer-related chronic pain: Investigation of the novel analgesic drug candidate cebranopadol in a randomized, doubleblind, noninferiority trial.  Eur J Pain. 2019 Mar;23(3):577-588.                                       | For over a decade there have been no new opioids to use for the management of moderate to severe cancer-related pain. This commercial study showed that cebranopadol – a new molecule with unique pharmacological profile including a specific action on the ORL-1 receptor – was non-inferior morphine, the current standard. It was also superior to morphine PR for the primary endpoint of daily rescue medication, which has not been shown with other recent synthetic opioids. With a tolerable safety profile, cebranopadol could become a new standard for longterm cancer pain management. | This international trial was industry-funded (Grunenthal) and was led by Prof Sam Ahmedzai who is chair of the CSG.            |
| 4. | .Solheim TS, Laird BJA, Balstad TR, Bye A, Stene G, Baracos V, Strasser F, Griffiths G, Maddocks M, Fallon M, Kaasa S, Fearon K.  Cancer cachexia: rationale for the MENAC (Multimodal-Exercise, Nutrition and Anti-inflammatory medication for Cachexia) trial.  BMJ Support Palliat Care. 2018 Sep;8(3):258-265 | This publication is the rationale for the portfolio MENAC trial, which is an international collaboration between the SPC CSG (Advanced Disease subgroup) and the European Palliative Care Research Network. It was led by the late Prof Ken Fearon, who was a member of the CSG and who died suddenly during the trial. This is the first large trial to use a comprehensive package of exercise, nutrition and anti-inflammatory medication. It has now been completed and results will be presented and published in 2019/2020.  | This international study was led by current (Matthew Maddocks) and past (Ken Fearon) members of the Advanced Disease Subgroup. |

5. Nanton V, Appleton R, Loew J, Ahmed N, Ahmedzai S, Dale J.

Men don't talk about their health, but will they CHAT? The potential of online holistic needs assessment in prostate cancer.

BJU Int. 2018 Apr;121(4):494-496.

This commentary and preliminary data publication arose from the ICARE-P trial, in which men with prostate cancer were invited to have holistic needs assessments online.

Contrary to popular expectation, men of all ages were receptive to this technology. The study shows that older age and male gender is not a barrier to online support for cancer patients. The trial has now completed and is being written up.

This NIHR funded trial was developed by Dr Ronni Nanton and Prof Sam Ahmedzai who was chair of the CSG.

Additional publications by Group members, mostly but not all related to portfolio studies (CSG members in bold):

#### MENAC/ENERGY

Hall CC, Cook J, **Maddocks M**, Skipworth RJE, Fallon M, Laird BJ. Combined exercise and nutritional rehabilitation in outpatients with incurable cancer: a systematic review. Support Care Cancer. 2019 Apr 3. doi: 10.1007/s00520-019-04749-6.

#### BSS / Breathlessness services

Brighton LJ, Miller S, Farquhar M, Booth S, Yi D, Gao W, Bajwah S, Man WD, Higginson IJ, **Maddocks M**. Holistic services for people with advanced disease and chronic breathlessness: a systematic review and meta-analysis. Thorax. 2019 Mar;74(3):270-281.

#### Better-B

Lovell N, Wilcock A, Bajwah S, Etkind SN, Jolley CJ, **Maddocks M**, Higginson IJ. Mirtazapine for chronic breathlessness? A review of mechanistic insights and therapeutic potential. Expert Rev Respir Med. 2019 Feb;13(2):173-180.

#### Integrated rehabilitation for lung cancer

Bayly J, Edwards BM, Peat N, Warwick G, Hennig IM, Arora A, Wilcock A, Higginson IJ, **Maddocks M**. Developing an integrated rehabilitation model for thoracic cancer services: views of patients, informal carers and clinicians. Pilot Feasibility Stud. 2018 Oct 18;4:160.

# C-Change

Pinto C, Bristowe K, Witt J, Davies JM, de Wolf-Linder S, Dawkins M, Guo P, Higginson IJ, Daveson B, **Murtagh FEM**. Perspectives of patients, family caregivers and health professionals on the use of outcome measures in palliative care and lessons for implementation: a multi-method qualitative study. Ann Palliat Med. 2018 Oct;7(Suppl 3):S137-S150.

# Recruitment to the NIHR portfolio in the reporting year

In the Supportive & Palliative Care Group portfolio, 10 trials closed to recruitment and 11 opened.

# Summary of patient recruitment by Interventional/Non-interventional

| Year      | All participants       |                |                        |                | % of cancer patients relative to incidence |                |
|-----------|------------------------|----------------|------------------------|----------------|--|----------------|
|           | Non-<br>interventional | Interventional | Non-<br>interventional | Interventional | Non-<br>interventional                     | Interventional |
| 2014/2015 | 1336                   | 498            | 1290                   | 473            | -  | -              |
| 2015/2016 | 869                    | 2261           | 706                    | 2244           | -  | -              |
| 2016/2017 | 2510                   | 1923           | 2250                   | 1747           | -  | -              |
| 2017/2018 | 2132                   | 3798           | 1875                   | 3573           | -  | -              |
| 2018/2019 | 834                    | 830            | 724                    | 813            | -  | -              |